

Life Stream Ultimate Greens

Spirulina

LifeStream Bioactive Spirulina contains the richest concentration of nutrients known in any food, plant, grain or herb - a vast natural balance of nutrients including vitamins, colloidal minerals, complete protein, trace elements, unique phytonutrients and all the essential amino acids.

Chlorella

One of the main reasons 'greens' are so good for you is that they contain chlorophyll. This is a powerful dark green plant pigment that has been referred to as 'green blood'. LifeStream Chlorella contains the highest natural source of chlorophyll available.

Barley Grass

LifeStream Barley Grass is a NZ grown certified organic wholesome green food made from the powdered leaves of young Barley Grass plants. It contains naturally occurring minerals, enzyme, is 39% pure fibre, gluten-free and is nature's premium alkalising food.

What do you need to know about Ultimate Greens?

Due to the 3 different shades of these 3 Ultimate Greens, you may notice natural colour variation in the capsule.

Due to Chlorella's powerful effects in the bowel, this product may not be suitable during pregnancy or breastfeeding. Capsules are not recommended for small children due to risk of choking. Please remember anything taken internally may interfere with essential medications. For further advice consult your health professional.