

Comvita Olive Leaf Complex

Did you know...

...no olive fruits or olive oils are used in MediOlive products. MediOlive Olive Leaf Complex is made solely and completely from fresh, alive olive LEAVES. The leaves have the highest level of polyphenolic antioxidants of any part of the olive tree...

... due to the efficiency and care taken in the proprietary extraction method, the effective shelf life of MediOlive Olive Leaf Complex is TWO years...

"A friend suggested to me that I tried Olive Leaf Complex. After a couple of weeks, my energy levels lifted. I wish everyone who has low energy levels would try it." Thelma Loy, New Zealand.

The Olive Leaf has been used for centuries in many cultures for medicinal purposes and its effects have convinced the modern scientific world. The use of Olive Leaf Extract in the fight against bacteria, viruses, fungi and parasites has been studied extensively - but it also has a variety of additional health benefits that include:

The prevention of heart disease due to the enhancement of elasticity of arteries, which improves blood flow and reduces high blood pressure the relief of inflammation related to arthritis, especially rheumatoid arthritis.

The prevention of many types of viral infections, including the herpes virus, most influenza and common cold viruses, Epstein-Bar viruses, the HIV virus and others.

Eradication of candidiasis and other yeast syndromes enhancement of energy production in the body relief from toothaches, painful haemorrhoids, athlete's foot, mtcotic nails and various other irritating conditions.

The History of the Use of Olive Leaf Complex

The earliest use of olive leaf for medicinal purposes appears to come from the ancient Egyptians, where the olive leaf was regarded as a symbol of heavenly power. Numerous cultures have used the olive leaf (and tree and fruit) for nutritional and medicinal purposes. Especially in Mediterranean cultures, the olive leaf was used for a variety of health conditions, including infections, pain and fever.

Late in the 19th century, scientists investigating olive leaf's medicinal properties isolated a phenolic compound, to which they assigned the name 'oleuropein'. Most researchers considered this the component most responsible for olive leaf's therapeutic abilities. Researchers also discovered that oleuropein lowered blood pressure. Additionally, results indicated that it could also positively affect the blood flow, prevent intestinal muscle spasms and relieve arrhythmia.

Scientists isolated the active ingredient in oleuropein, a substance later called elenolic acid, which was found to be an inhibitor of growth of viruses. In fact, the elenolic acid was so powerful that it stopped every virus that it was tested against. Of most importance was the elenolic acid's apparent ability to counteract a variety of viruses known to cause the common cold in humans.

MediOlive Olive Leaf Complex: The Science

The Mediterranean diet is the most widely promoted and scientifically proven healthy lifestyle in the world. Its rich variety of fresh fruits, vegetables and olive oils also make it a gourmet's delight!

An increasing volume of scientific research is now revealing that a key reason for the Mediterranean diet's proven health benefits are its richness in antioxidant compounds known as phenols and polyphenols. They are present in a range of Mediterranean foods such as grapes, olives, berries and of course, red wine and extra virgin olive oil. It is believed that these compounds are a key factor contributing to the Mediterranean region's low incidences of coronary heart disease, obesity, hypertension, inflammatory conditions and certain cancers. They have also been directly linked to longer life expectancy.

Possibly the most widely studied source of polyphenols in the Mediterranean diet is extra virgin olive oil. It is considered to be an excellent source of both beneficial fats and polyphenols. However due to the fact that many polyphenols are soluble and not fat soluble most of the olive tree's polyphenols are lost during the oil making process. A recent study showed that MediOlive Olive Leaf Complex (water extracted from the olive tree leaves, not the fruit) contains up to 40 times the total polyphenols of even the freshest extra virgin olive oil.

Essential Synergy

Further research has shown (including a Spanish Study in the Journal of the American College of Cardiology) reports that whole leaf extracts containing the full range of phenols, flavanoids and other phytonutrients have a synergistic pharmacological effect more powerful than any of the individual phenols alone.

MediOlive contains a range of other natural compounds including quercetin, rutin, luteolin, apigenin and diosmetin that have shown potential health benefits.

Oleuropein has been reported to show antimicrobial activity against a range of bacteria, viruses, yeasts and fungi. It also displays antihypertensive (blood pressure lowering) effects and has traditionally been used for this condition.

Hydroxytyrosol is believed to be the antioxidant with the highest free-scavenging capacity; double that of quercetin and more than 3 times that of epicatechin, the main flavanoid in green tea.

Health practitioners prefer liquid Olive Leaf Complexes, like MediOlive, as they are fast-acting, easily absorbed and can be used topically on the skin to assist with bacterial and fungal conditions.